

2025 OUTPATIENT THERAPY OUTCOMES

We are pleased to report that we treated and discharged 4674 adult patients from our five Willis Knighton Outpatient Rehabilitation Centers in 2025. Ninety-nine percent (99%) of all patients returned to independent living in the home, work, or school environment after completing therapy. We are proud to report that ninety-one percent (91%) of patients surveyed rated their experience as “Excellent”, one hundred percent (100%) indicated they would return to a Willis Knighton Outpatient Rehabilitation Center if needed in the future, and ninety-nine percent (99%) said they would recommend our services to their family and friends.

Outcomes are provided for all disciplines treating the patient:

Physical Therapy (PT), Occupational Therapy (OT) and Speech Therapy (ST)



2025 OUTPATIENT THERAPY OUTCOMES

We are pleased to report that we treated and discharged 165 pediatric and adolescent patients with non-developmental diagnoses from the Willis Knighton Rehabilitation Institute, Willis Knighton Bossier, Willis Knighton Palmetto, Willis Knighton Pierremont, and Willis Knighton South Outpatient Rehabilitation Centers in 2025. Of the 165 patients served, 6 (4%) were between the ages of 5 and 10 years old, 50 (30%) were between the ages of 11 and 14 years old, and 109 patients (66%) were between the ages of 14 and 17.

In addition, 206 pediatric and adolescent patients with developmental diagnoses were treated and discharged from the Willis Knighton Palmetto and Willis Knighton South Outpatient Pediatric Rehabilitation Programs in 2025 (see separate Pediatric Therapy Outcomes).



Neck & Back Pain

1130 patients were treated in 2025



360 Males (32%)



75% of patients completed treatment



98% of patients returned to independent living, work, and/or sports



770 Females (68%)



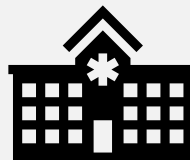
of sessions: 11 (average)



100% of patients met at least one of their goals



Average age: 57



1 unplanned transfers to the hospital



100% of patients surveyed were satisfied with the care they received.

Spine Surgery: Cervical, Thoracic and Lumbar

106 patients were treated in 2025



43 Males (41%)



86% of patients completed treatment



95% of patients returned to independent living and/or work



63 Females (59%)



of sessions: 20 (average)



100% of patients met at least one of their goals



Average age: 60



0 unplanned transfers to the hospital



100% of patients surveyed were satisfied with the care they received.

Lower Extremity Pain: Hip, Knee & Ankle

812 Patients were treated in 2025



244 Males (30%)



78% of patients completed treatment



92% of patients returned to independent living, work, school and/or sports



568 Females (70%)



of sessions: 11 (average)



100% of patients met at least one of their goals



Average age: 53



0 unplanned transfers to the hospital



100% of patients surveyed were satisfied with the care they received.

Lower Extremity Surgery: Hip, Knee & Ankle

498 Patients were treated in 2025



198 Males (40%)



88% of patients completed treatment



93% of patients returned to independent living, work, school and/or sports



300 Females (60%)



of sessions: 17 (average)



100% of patients met at least one of their goals



Average age: 57



0 unplanned transfers to the hospital



100% of patients surveyed were satisfied with the care they received.

Upper Extremity Pain: Shoulder, Elbow, Wrist & Hand

720 patients were treated in 2025



242 Males (34%)



77% of patients completed treatment



95% of patients returned to independent living, work, and/or sports



478 Females (66%)



of sessions: 9 (average)
PT – 10, OT – 7



100% of patients met at least one of their goals



Average age: 56



0 unplanned transfers to the hospital



100% of patients surveyed were satisfied with the care they received.



Upper Extremity Surgery: Shoulder, Elbow, Wrist & Hand

554 patients were treated in 2025



221 Males (40%)



90% of patients completed treatment



98% of patients returned to independent living, work, school and/or sports



333 Females (60%)



of sessions: 16 (average)
PT – 22, OT – 11



100% of patients met at least one of their goals



Average age: 57



1 unplanned transfers to the hospital



100% of patients surveyed were satisfied with the care they received.

Lymphedema

329 Patients were treated in 2025



86 Males (26%)



85% of patients completed treatment



92% of patients returned to independent living and/or work



243 Females (74%)



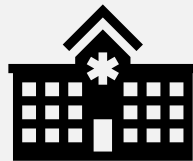
of sessions: 6 (average)
PT – 6, OT – 6



100% of patients met at least one of their goals



Average age: 67



0 unplanned transfers to the hospital



100% of patients surveyed were satisfied with the care they received.

CVA / Stroke

143 patients were treated in 2025



79 Males (55%)



80% of patients completed treatment



90% of patients returned to independent living and 10% returned to assisted living



64 Females (45%)



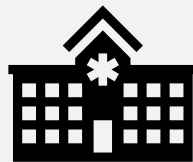
of sessions: 26 (average)
PT – 24, OT – 29, ST – 24



100% of patients met at least one of their goals



Average age: 65



5 unplanned transfers to the hospital



100% of patients surveyed were satisfied with the care they received.

Neurological Disorders

110 patients were treated in 2025



56 Males (51%)



85% of patients completed treatment



87% of patients returned to independent living and 13% returned to assisted living



54 Females (49%)



of sessions: 17 (average)
PT – 17, OT – 19, ST – 13



100% of patients met at least one of their goals



Average age: 61



0 unplanned transfers to the hospital



100% of patients surveyed were satisfied with the care they received.

Gait and Balance Disorders

75 patients were treated in 2025



26 Males (35%)



80% of patients completed treatment



100% of patients returned to independent living



49 Females (65%)



of sessions: 12 (average)



100% of patients met at least one of their goals



Average age: 75



0 unplanned transfers to the hospital



100% of patients surveyed were satisfied with the care they received.

Vestibular Disorders

37 patients were treated in 2025



15 Males (41%)



84% of patients completed treatment



100% of patients returned to independent living, work, school and/or sports



22 Females (59%)



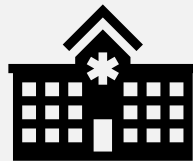
of sessions: 6 (average)



100% of patients met at least one of their goals



Average age: 68



0 unplanned transfers to the hospital



100% of patients surveyed were satisfied with the care they received.

Brain Injury

11 patients were treated in 2025



9 Males (82%)



2 Females (18%)



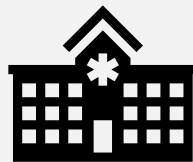
Average age: 56



73% of patients completed treatment



of sessions: 31 (average)
PT – 37, OT – 4, ST – 30



0 unplanned transfers to the hospital



100% of patients returned to independent living, work and/or school



100% of patients met at least one of their goals



100% of patients surveyed were satisfied with the care they received.

Speech and Voice Disorders

47 Patients were treated in 2025



15 Males (32%)



77% of patients completed treatment



100% of patients returned to independent living in the home, work, and community



32 Females (68%)



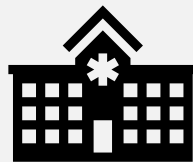
of sessions: 6 (average)



100% of patients met at least one of their goals



Average age: 59



0 unplanned transfers to the hospital



100% of patients surveyed were satisfied with the care they received.