WILLIS-KNIGHTON LABORATORY SERVICES

The following information is available by contacting the Laboratory at the numbers listed below:
WKN (318) 212-4400, WKS (318) 212-5400, WKB (318) 212-7400, or WKP (318) 212-3400

OCCULT BLOOD
PATIENT INSTRUCTIONS

1. Do not collect samples during, or until three days after your menstrual period, or while you have bleeding hemorrhoids or blood in your urine.

2. Do not consume the following drugs, vitamins, or foods:
   Aspirin or other non-steroidal anti-inflammatory drugs seven days prior to and during the test period.
   Vitamin C in excess of 250 mg/day three days prior to and during the test period.
   Red meat (beef, lamb), including processed meats and liver.
   Raw fruits and vegetables (especially melons, radishes, turnips, and horseradish).

3. Remove toilet bowl cleaners from toilet tank and flush twice before proceeding.

4. Collect samples from three consecutive bowel movements or three bowel movements closely spaced in time.

5. Protect slide from heat, light, and volatile chemicals (e.g. iodine or bleach).

6. Keep cover flap of slide closed when not in use.

SPECIMEN COLLECTION

1. The specimen should be collected directly into the collection cup provided or with the aid of toilet tissue.

2. Open flap on front of the test slide and place a match head sized portion of stool on each of the two test squares. Close flap.

3. Label slide with name, physician, date, and time and hold slide at room temperature until all three collections have been accomplished.

4. When all collections have been accomplished and the slide inoculated, transport the inoculated slide to the laboratory. If you cannot deliver the slides to the laboratory within 24 hours, refrigerate them until they can be delivered.