WILLIS-KNIGHTON LABORATORY SERVICES

The following information is available by contacting the Laboratory at the numbers listed below: WKN (318) 212-4400, WKB (318) 212-7400, WKS (318) 212-5400, or WKP (318) 212-3400.

GLUCOSE TOLERANCE PATIENT INSTRUCTIONS

Your physician has ordered a lab test which will require you to be at the laboratory for 1 to 3 hours, depending on the physician orders. Please read the following instructions so you can prepare for this procedure. If you have any questions, please contact the Willis-Knighton Laboratory.

1. Do not eat or drink anything after midnight the evening prior to the test.

2. Dress comfortably; you will be at the laboratory for 1 to 3 hours.

3. If possible, plan to have someone come with you and stay with you during the duration of the test.

4. Bring something to read or lap work such as needlepoint; the magazine selection in the laboratory is limited.

5. You will have your blood drawn at certain intervals and a urine specimen may be required during the procedure.

6. You will not be allowed to eat or smoke during this procedure. You will be allowed to drink small quantities of water during the test, if necessary.

7. Your results will be sent to your physician promptly at the end of the procedure.