WILLIS-KNIGHTON LABORATORY SERVICES

The following information is available by contacting the Laboratory at the numbers listed below:
WKN (318) 212-4400, WKB (318) 212-7400, WKS (318) 212-5400, or WKP (318) 212-3400

INSTRUCTIONS FOR COLLECTION OF A MIDSTREAM URINE SPECIMEN (FEMALE)
PATIENT INSTRUCTIONS

1. You will be given a sterile urine container and two (2) castile soap towelettes.

2. Remove the lid from the container and lay it face up on a flat surface.

3. Cleanse the vulva well with presaturated towelettes, using each only once.
    a. With the first towelette wipe the labia minora (inner fold) using a single downward stroke. Discard the towelette.
    b. With the second towelette, cleanse meatus (center area) with a single downward stroke. Discard the towelette. Avoid contamination from rectal area.

4. Void a small amount of urine into the toilet, then continue to void into the specimen container. Avoid patient body contact with rim of the container.

5. Place the lid onto the container, avoiding hand contact with the sterile side of the lid.

6. Place the specimen into the “specimen window” designated in the restroom.