WILLIS-KNIGHTON LABORATORY SERVICES

The following information is available by contacting the Laboratory at the numbers listed below:
WKN (318) 212-4400, WKB (318) 212-7400, WKS (318) 212-5400, or WKP (318) 212-3400

COLLECTION OF 24 HOUR URINE SPECIMEN

Your physician has ordered a laboratory test which requires the collection of a 24 hour urine specimen. The laboratory will provide you with a container to collect your specimen.

PATIENT INSTRUCTIONS

1. Select the time of day to begin your collection. (Many people find it convenient to begin the collection period when they arise in the morning).

2. At the starting time of your collection, empty your bladder into the toilet. This specimen **WILL NOT** be saved.

3. Collect all urine excreted for the next 24 hour period. If you have a bowel movement during the collection period, take precautions to avoid contaminating the urine specimen with fecal material. If there is an acid preservative in your container, you should use another receptacle to void into to avoid touching the preservative.

4. Collect your last specimen exactly the time of day that your collection was started. Be sure and add this specimen to your collection.

5. Label the container with your first and last name, date of birth, date and time of collection and bring it to the laboratory for analysis, as soon as possible.

NOTE: It is required that the specimen be refrigerated during collection. This can be done by placing the container in your refrigerator or in a bucket or basin of ice.

If you have any questions, PLEASE CALL the laboratory; we want your specimen to be of an optimum quality for reliable results.